



**BEHAVIOR-BASED SAFETY QUIZ**

1. **Behavior-based safety is a method for:**
  - a. Avoiding human error
  - b. Preventing accidents
  - c. Both a and b
2. **Behavior-based safety analyzes employees' attitudes about workplace safety.**
  - a. True
  - b. False
3. **Behavior-based safety helps determine why at-risk behavior occurs and how to change it.**
  - a. True
  - b. False
4. **To promote safe behavior on the job, behavior-based safety uses:**
  - a. Positive feedback
  - b. Disciplinary action
  - c. Both a and b
5. **When using the behavior-based safety method, you should NEVER correct a coworker who is doing something unsafe.**
  - a. True
  - b. False
6. **Behaviors selected for observation must be:**
  - a. Reliable
  - b. Described in a negative way (what NOT to do)
  - c. Out of the employee's control
7. **Behavior-based safety observations should be subjective, based on your interpretation of what a person you are observing is doing.**
  - a. True
  - b. False
8. **Feedback on observed safety performance should be:**
  - a. Specific and immediate
  - b. General
9. **Which of these statements would be considered effective feedback on safety performance?**
  - a. "That was good. You lifted with your legs, not with your back."
  - b. "Good job."
  - c. Either a or b.
10. **When using behavior-based safety, focus only on safe behavior and ignore unsafe behavior.**
  - a. True
  - b. False

When you have completed this quiz, turn it in to your supervisor.

Name: \_\_\_\_\_

Date: \_\_\_\_\_



## ANSWERS TO BEHAVIOR-BASED SAFETY QUIZ

1. c. Behavior-based safety is a method for avoiding human error, preventing accidents, and improving workplace safety.
2. b. False. Behavior-based safety focuses only on observable behavior (what you can see and hear) not on attitudes (which you can't see).
3. a. True. This is how it helps improve workplace safety.
4. a. Behavior-based safety relies on positive feedback to reinforce safe performance.
5. b. False. Corrective feedback is used as well as positive feedback.
6. a. Behaviors selected for observation must be reliable, which means they must be seen the same way by two or more people. They must also be described in a positive way and be within the employee's control.
7. b. False. Observations should be objective, based only on what you actually see, not on what you think might be happening or on what you imagine someone might be thinking.
8. a. Feedback should be both specific and immediate.
9. a. This feedback is specific about the behavior. "Good job" is not specific and, therefore, is not effective behavior-based safety feedback.
10. b. Never ignore unsafe behavior. It could lead to an accident. Use corrective feedback when you observe a coworker doing something risky.